

Medications, Products and Foods to Avoid Before Surgery

The following list of medications, foods and health food products have been found to contain substances that prolong bleeding and may increase your chances of having an intra-operative or postoperative bleeding problem. Please avoid these medications and products in the preoperative period.

Medications Containing Acetylsalicylic acid (ASA)

Stop all medications that contain ASA **10 days before surgery**. You may begin taking them again **1 week** following surgery.

OVER THE COUNTER MEDICATIONS

A.C.& C.
AC with Codeine
Acetylsalicylic Acid
Alka-Seltzer & related products
Anacin
Anacin Extra Strength
Antidol
Apo-ASA
Arco Pain
ASA
ASA ECT
A.S.A. Enteric Coated
ASA Suppositories
Asaphen
Aser Powder
Aspergum
Aspirin & related products
Astone
Astrin
Bexton |Pwr
Bufferin
CT Acetylsalicylic Acid Codeine
& Caffeine
C2 Buffered
C2 with Codeine or Caffeine
CALmine
Centra ASA
Coated ASA
Coricidin, D, MD
Coryphen
Cunnard Casse Grippe Cap
Dolomine 37
Dristan Capsules
Dry Socket Paste
Entrophen

Equagesic
Headache Tablets
Herbopyrine
Instantine
Kalmex
Madelon
MED Tigol
Midol
MSD Enteric Coated ASA
Nervine
Nezger
Norgesic, Forte
Novasen
Novo A C & C
Pain Aid
Robaxisal
Tri-Buffered ASA
217 or 222
Upsarin Effervescent

PRESCRIPTION

AC with Codeine
Asasantine
Coryphen Codeine
Darvon-N products
Endodan
Fiorinal
Fiorinal-C
Novo-Propoxyn
Oxycodan
Painex
Percodan
Percodan-Demi
Phenaphen
Robaxisal-C_{1/4}, C_{1/2}
692
Tecnal, C_{1/4}, C_{1/2}
282, 282 Med or 29

Nonsteroidal Anti-Inflammatory Drugs other than ASA

Stop all anti-inflammatory medications **10 days before surgery**. You may begin taking them again **1 week** following surgery.

Generic Name	Common Trade Names
Cimicifuga	Artrol
Choline salicylate-magnesium Salicylate	Trilisate
Diclofenac sodium	Apo-Diclo, Apo-Diclo SR, Arthrotec, Diclofenac Ect, Novo-Difenac, Novo-Difenac SR, Nu-Diclo, Taro-Diclofenac, Voltaren, Voltaren SR
Diclofenac potassium	Volteren Rapide
Diflunisal	Apo-Diflunisal, Dolobid, Nova-Diflunisal, Nu-Diflunisal
Etodolac	Ultradol
Fenoprofen calcium	Nalfon
Floctafenine	Idarac
Flurbiprofen	Ansaid, Apo-Flurbiprofen FC, Froben, Froben SR, Novo-Flurprofen, Nu-Flurbiprofen
Ibuprofen	Actiprofen, Advil, Advil Cold & Sinus, Amersol, Apo-Ibuprofen, Excedrin IB, Medipren, Motirn, Motrin IB, Novo-Profen, Nuprin, Nu-Ibuprofen, Sinus Pr & Pain Reliever with Ibuprofen
Indomethacin	Apo-Indomethacin, Indocid, Indocid SR, Indolec, Novo-Methacin, Nu-Indo, Pro-Indo, Phodacine
Ketoprofen	Apro-Keto, Apo-Keto-E, Novo-Keto, Novo-Keto-Ec, Nu-Ketoprofen, Nu-Ketoprofen-E, Orudis, Orudis E, Orudis SR, Oruvail, PMS-Ketoprofen, PMS-Ketoprofen-E, Rhodis, Rhodis-EC
Ketorolac tromethamine	Acular, Toradol
Magnesium salicylate	Back-Ese-M, Doan's Backache Pills, Herbogesic
Mefenamic acid	Ponstan
Nabumetone Naproxen	Relafen Apo-Naproxen, Naprosyn, Naprosyn-E, Novo-Naprox, Nu-Naprox, PMS-Naproxen
Naproxen sodium	Anaprox, Anaprox DS, Apo-Napro-Na, Naproxin-Na, Novo-Naprox Sodium, Synflex, Synflex DS

Oxyphenbutazone	Oxybutazone
Phenylbutazone	Alka Phenyl, Alka Phenylbutazone, Apo-Phenylbutazone, Butazolidin, Novo-Butazone, Phenylone Plus
Piroxicam	Apo-Piroxicam, Feldene, Kenral-Piroxicam, Novo-Pirocam, Nu-Pirox, PMS-Piroxicam, Pro-Piroxicam, Rho-Piroxicam
Salsalate	Disalcid
Sodium salicylate	Dodd's, Dodd's Extra-Strength
Sulindac	Apo-Sulin, Clinoril, Novo-SUnda, Nu-Sulindac, Sulindac
Tenoxicam	Mobiflex
Tiaprofenic acid	Albert Tiafen, Apo-Tiaprofenic, Surgam, Surgam SR
Tolmetin sodium	Novo-Tolmetin, Tolectin

Foods to Avoid Prior to Your Surgery

Stop eating these foods **1 week** before surgery. You may begin again **1 week** following your surgery.

Almonds	Apples	Apricots
Blackberries	Boysenberries	Cherries
Chinese Black Beans	Cucumbers	Currants
Garlic	Ginger	Pickles
Prunes	Raspberries	Strawberries
Tomatoes	Wine and other alcohol	

Vitamins and Herbs to Avoid Prior to Your Surgery

Stop the following vitamins and herbs **10 days before surgery**. You may begin taking them again **1 week** following surgery.

Vitamin E	St. John's Wart	Gingko Biloba
Echinacea	Garlic	Willow Bark Products